

## **FAQ**

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C/ Socrates Nolasco No. 4  
Naco, 2do Piso, Cons. 4  
Sto. Dgo., Rep. Dominicana

**-How many nights before the surgery should I arrive?** 2 Nights before surgery at least. Keep in mind that we do not work on Saturdays or Sundays. Patients with underlying conditions and patients that come from a very long flight, like say Europe or Canada, may need to come 3-4 nights before surgery.

**-How many days should I stay after surgery?** You should stay at least 10 days after surgery, but Dr. Mota recommends 14 days post-op.

**-What airport should I arrive at?** The airport code is SDQ. Santo Domingo, Aeropuerto Internacional de las Américas (AILA)

**-How much is the deposit and how can I reserve my surgery date?** The \$300US Scheduling Deposit is required in order to book your procedure (the deposit info is attached). The Scheduling Department doesn't actually need a specific date. As long as they have a general idea you will be put on the Patient Booking List. It is the only way we can guarantee a date and it is the only way we can guarantee that the quote will not change. It is also the only way you can change, postpone and/or move your surgery date around. If they don't have the deposit, they will not work with your possible dates.

**-When should I set aside my surgery date?** As soon as you are ready, so you don't lose your surgery date. Preferably, least 4 weeks before the desired date.

**-If I don't decide to have surgery, do I get a refund of my deposit?** No, the deposit goes toward the scheduling department and is not refundable, but you can use it for another possible surgery date.

**-For how long is the deposit valid?** 1 year

**-When will my pre-op appointment be?** A day or two before surgery you will have all the lab work and exams done and will see Dr. Mota. If your surgery date is a Monday, you should be here Thursday to have your pre op Friday morning.

**-When will I know the time of my surgery?** Please understand our schedule changes constantly and Dr. Mota sees all his pre and post op patients personally, so we will let you know as close as possible to the date.

**-Are there any extra charges?** Yes. Covid test is 55US, the Anesthesiologist Evaluation is 50US and the Pulmonary Evaluation (if needed) is 150US, THESE SHOULD BE PAID IN CASH DIRECTLY TO THE SPECIALIST. Any other test you may need due any medical condition is NOT INCLUDED.

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## **FAQ Part 2**

**-Do you offer a pain pump?** Yes. It has an additional cost of 200US which must be paid to the anesthesiologist in advance

**-Will I stay in the clinic the day of surgery?** Yes, you must stay in the clinic until the next morning until Dr. Mota makes sure you are ok to leave.

**-Do I need someone to stay the night of surgery?** Yes, the recovery house usually sends one person included in their prices, if not the cost ranges from 70 to 100US and Analis can help arrange it.

**-What do I have to bring for the day of surgery?** Slippers, Maxi Dress, Toothbrush, Hair brush, Wipes.

**-How do I pay for the surgery?** Payment is in cash at the office. Patients can send, transfer or deposit part of the payment before traveling, but at least some payment in cash is preferable. This makes it faster and easier and to pay our staff and suppliers.

**-What does the insurance cover?** The insurance covers any emergency or complication that required additional treatment or hospitalization. If you require more specific information please let us know.

**-What supplements should I take?** Iron (Ferrous Sulfate) 65mg(325mg) + Vit. C 500mg + Folic Acid 400mcg. Please take them all together on an empty stomach. Take all 3 at once, 3 times a day, at least 20 minutes before every meal. Be sure to drink plenty of water and fiber to avoid constipation.

**-What tests should I have before I arrive?** The doctor would like a Complete Blood Count (CBC) at least 3 weeks before coming in order to see if there is any type of anemia we need to address. None the less, he asks that you take the supplements listed above for 6 weeks prior to surgery so we can make sure your blood levels are as high as possible. Patients with underlying conditions should also take adequate lab tests pertaining to their condition before traveling.

**-If my hemo is low when I get there, what can we do?** You can have iron infusions here. The cost is around 200us, but please make sure to send us a CBC at least 3 weeks before traveling. Please understand that these infusions don't always work and sometimes take weeks for results to show. If a patient needs an Iron IV, it is always recommended to have it done before traveling or to make sure she has enough days available in case she needs to move the surgery a week or more. We do not do pre-op blood transfusions.

**-Can I have a virtual consultation prior to surgery?** Yes, the cost of the consultation is 70US which will be deducted from your total surgery fee.

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### **FAQ Part 3**

**-Can I change my surgery date?** Yes, you can as long as it is at least 1 week in advance. But we cannot guarantee that you will find an available surgery date if you try selecting one on short notice.

**-If I decide to go in a year from now, should I start paying every month?** You can do monthly payments, or pay your deposit to book your date and then pay once you are here. If your decide to do payments before traveling make sure to let us know every time you do so.

**-What is VASER Liposuction?** VASER LIPO helps with skin contraction. It is liposuction that is performed with an additional device that uses ultrasonic energy to separate the fat from other tissues like blood vessels, connective tissue and fibrosis. This in turn helps with skin contraction, helps control bleeding and makes it easier to perform liposuction on patients with fibrosis (like on patients that are having their 2nd or 3rd round of lipo). Please not that Vaser Lipo can decrease the survival rate of fat cells for a BBL depending on the areas used and/or the dosage and intensity. A selective use of Vaser Lipo is best when performing Vaser Lipo on BBLs.

**What does 360 lipo include?** This Includes liposuction of the full abdomen, full back, flanks, waist and underarm (or brawline fat).

**-Does a BBL include fat transfer to the hips?** A BBL includes fat transfer to the entire buttocks area, including hips and lats. Pricing does not vary if the BBL is performed on all of these areas in combination or individually.

**-Does the Tummy Tuck include muscle repair? Does it have any additional cost?** The MR is included with the tummy tuck. Additional costs may apply on patients with abdominal hernias.